

## MY ONE PAGE PROFILE

### *What people like about me:*

- My compassion and empathy for others.*
- My honesty and integrity.*
- My organization and work ethic.*
- My reliability and trustworthiness.*



### *What's important to me:*

- Work that is important to the community.*
- Relationships- true, reliable, honest friendships.*
- Opportunities to learn and grow.*
- Flexibility and autonomy in my position.*
- A positive work environment that collaborates.*

### *How to best support me:*

- When I am overwhelmed, I need some time to step back, regroup and breathe.*
- I do not like being put on the spot.*
- I enjoy bouncing ideas off co-workers.*
- Balance between work and family.*
- I take notes as I don't like asking the same question twice.*